



*"...stop and consider the wondrous works of
God." - Job 37:14*

IT COMES IN THREES

When I was a kid, my grandparents lived in Myrtle Beach, SC and we would vacation there every year. We loved going to the beach, digging in the sand, playing in the ocean, and looking for shark teeth with my grandfather.

When we played in the ocean, there were times when we would get knocked under by a wave. Usually, we would simply pop back up, catch our breath, and keep playing.

But there were other times when we would get knocked under the waves and as we were trying to surface, we would get hit by another wave that would keep us under....and then another.



“It comes in threes.”

This is a phrase that I’ve heard used many times when unfortunate or bad things take place. Usually, when two things happen, this phrase is used in anticipation for a third—because “it comes in threes.”

Just like the waves.

Life can be taxing.

Even when we are doing good, honorable, and noble things, there are those seasons in life when everything seems to hit like wave after wave after wave, with very little chance to catch our breath.

Sometimes it can feel like we are drowning underneath all the responsibility, pressure, decisions, and circumstances.

It reminds me of an account in the gospel of Luke...

Luke 10:38-42

Now as they went on their way, Jesus entered a village. And a woman named Martha welcomed him into her house. And she had a sister called Mary, who sat at the Lord’s feet and listened to his teaching. But Martha was distracted with much serving. And she went up to him and said, “Lord, do you not care that my sister has left me to serve alone? Tell her then to help me.” But the Lord answered her, “Martha, Martha, you are anxious and troubled about many things, but one thing is necessary. Mary has chosen the good portion, which will not be taken away from her.”



Jesus went for a casual visit with Martha, Mary, and Lazarus—His friends. While Mary sat at Jesus' feet, Martha was everywhere trying to serve Him, His disciples, and keep everything in order.

For Martha, this may have seemed like she was being hit with wave after wave after wave of responsibility, hospitality, etc.

These are noble and good things. I mean, she was literally serving Jesus Himself!

But she became "*distracted with much serving.*"

She was running around, faithfully serving, but got distracted, overwhelmed, frustrated, etc., to the point where she questions Jesus and demands that Jesus tells Mary to help her!

That's pretty bold...

But Jesus graciously answered, "Martha, Martha, you are anxious and troubled about many things, but one thing is necessary..."

Whether we are serving in ministry, our workplaces, our customers, our community, our spouse, our children, or our parents, the daily demands of service can leave us anxious, troubled, and frustrated.

Just like Martha.

Even good responsibilities can distract us from what matters most: Jesus.

Martha's serving was not wrong, but **SERVICE MUST FLOW FROM SITTING**...sitting at the feet of Jesus.

May we prioritize our relationship with Christ by sitting at His feet, listening to Him, and spending time with Him.

When we do this, as Mary did, we are trusting that He is the good portion and resting in Him for everything else.

Derrick Marrs
Ministry Director



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The objective in every battle is to win, but it doesn't always feel like we are winning. As we persevere in this epic, spiritual battle, we need to be reminded that we already know how it ends!

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We will also be celebrating our **1-year podcast birthday** during this season and we want you to celebrate with us!

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Submit your comments, reviews, and highlights to us either through Facebook ([Bancroft Bible Camp Kingsport](#)), email at bancroftgospel1@gmail.com, or through dropping a review wherever you listen to your podcast!

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Celebrate with us and thanks for listening!

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